

Publications utilizing Nightingale's biomarker analysis platform

Peer-reviewed science – pioneering discoveries

Nightingale's biomarker analysis platform is routinely used in world-class epidemiological and genetic studies, resulting today in more than 300 publications. Learn from the listed publications how metabolic profiling has enriched and altered scientific research and enabled preventive healthcare.

Ageing

1. Metabolic effects of a 13-weeks lifestyle intervention in older adults: The Growing Old Together Study

Van de Rest et al. *Aging* 2016;8(1):111-24
[Link to publication](#)

2. A metabolic view on menopause and ageing

Auro et al. *Nature Communications* 2014;5:4708
[Link to publication](#)

3. Metabolomics analysis in adults with high bone mass identifies a relationship between bone resorption and circulating citrate which replicates in the general population

Hartley et al. *Clin Endocrinol (Oxf)*. 2020;92(1):29–37.
[Link to publication](#)

4. An integrative study of five biological clocks in somatic and mental health

Jansen et al. *bioRxiv* 2020; preprint
[Link to publication](#)

5. Determinants of accelerated metabolomic and epigenetic aging in a UK cohort

Robinson et al. *Aging Cell* 2020;19(6):e13149
[Link to publication](#)

6. Metabolic Age Based on the BBMRI-NL 1H-NMR Metabolomics Repository as Biomarker of Age-related Disease

Van den Akker et al. *Circulation: Genomic and Precision Medicine* 2020;13(5):541-547
[Link to publication](#)

All-cause mortality

7. Elevated alpha-1 antitrypsin is a major component of GlycA-associated risk for future morbidity and mortality

Ritchie et al. *PLoS One* 2019;14(10):e0223692
[Link to publication](#)

8. A metabolic profile of all-cause mortality risk identified in an observational study of 44,168 individuals

Deelen et al. *Nature Communications* 2019;19:3346
[Link to publication](#)

9. The biomarker GlycA is associated with chronic inflammation and predicts long-term risk of severe infection

Ritchie et al. *Cell Systems* 2015;1(4):293-301
[Link to publication](#)

10. Biomarker profiling by nuclear magnetic resonance spectroscopy for the prediction of all-cause mortality: an observational study of 17,345 persons

Fischer et al. *PLoS Medicine* 2014;11(2):e1001606
[Link to publication](#)

Autoimmune Diseases

11. Serum GlycA Level is Elevated in Active Systemic Lupus Erythematosus and Correlates to Disease Activity and Lupus Nephritis Severity.

Dierckx et al. *J Clin Med*. 2020;9(4):970.
[Link to publication](#)

12. Sex differences in autoimmunity could be associated with altered regulatory T cell phenotype and lipid metabolism

Robinson et al. *BioRxiv* 2020; preprint
[Link to publication](#)

13. Metabolomics in juvenile-onset SLE: identifying new biomarkers to predict cardiovascular risk

Robinson et al. *BioRxiv* 2020; preprint
[Link to publication](#)

Bioinformatics

14. Efficient Estimation and Applications of Cross-Validated Genetic Predictions to Polygenic Risk Scores and Linear Mixed Models

Mefford et al. *J Comput Biol*. 2020 ;27(4):599-612.
[Link to publication](#)

15. High-throughput multivariable Mendelian randomization analysis prioritizes apolipoprotein B as key lipid risk factor for coronary artery disease

Zuber et al. *Int J Epidemiol*. 2020:djaa216.
[Link to publication](#)

16. Selecting causal risk factors from high-throughput experiments using multivariable Mendelian randomization

Zuber et al. *Nature Communications* 2020;11(1):29
[Link to publication](#)

17. EpiMetal: an open-source graphical web browser tool for easy statistical analyses in epidemiology and metabolomics

Ekholm et al. *Int J Epidemiol.* 2020;49(4):1075-1081.
[Link to publication](#)

18. Deep molecular phenotypes link complex disorders and physiological insult to CpG methylation

Zaghlool et al. *Human Molecular Genetics* 2018;27(6):1106-21
[Link to publication](#)

19. Genetic and environmental perturbations lead to regulatory decoherence

Lea et al. *eLife* 2019;8:e40538.
[Link to publication](#)

20. Evaluation of Machine Learning Methods to Predict Coronary Artery Disease Using Metabolomic Data

Forssen. et al. *IOS Press eBooks* 2017;235:111-15.
[Link to publication](#)

21. PhenoSpD: an integrated toolkit for phenotypic correlation estimation and multiple testing correction using GWAS summary statistics

Zheng et al. *GigaScience* 2018;7(8):1-10
[Link to publication](#)

22. metaCCA: Summary statistics-based multivariate meta-analysis of genome-wide association studies using canonical correlation analysis

Cichonska et al. *Bioinformatics* 2016;32(13):1981-89
[Link to publication](#)

23. Assessing multivariate gene-metabolome associations with rare variants using Bayesian reduced rank regression

Marttinen et al. *Bioinformatics* 2014;30(14):2026-34
[Link to publication](#)

24. A differential network approach to exploring differences between biological states: an application to prediabetes

Valcárcel et al. *PLoS One* 2011;6(9):e24702
[Link to publication](#)

25. Genome metabolome integrated network analysis to uncover connections between genetic variants and complex traits: an application to obesity

Valcárcel et al. *Journal of the Royal Society Interface* 2014;11(94):20130908
[Link to publication](#)

26. Multiple output regression with latent noise

Gillberg et al. *Journal of Machine Learning Research* 2016;17(1):4170-204
[Link to publication](#)

Cancer

27. Circulating Metabolic Biomarkers of Screen-Detected Prostate Cancer in the ProtecT

Adams et al. *Cancer Epidemiol Biomarkers Prevention* 2019;28(1):208-16
[Link to publication](#)

28. Decreased serum apolipoprotein A1 levels are associated with poor survival and systemic inflammatory response in colorectal cancer

Sirniö et al. *Scientific reports* 2017;7(1):5374
[Link to publication](#)

29. Adiposity, metabolites, and colorectal cancer risk: Mendelian randomization study

Bull et al. *BMC Med.* 2020 Dec 17;18(1):396
[Link to publication](#)

Cardiovascular Disease

30. Coronary artery disease, genetic risk and the metabolome in young individuals

Battram et al. *Wellcome Open Research* 2019;3:114
[Link to publication](#)

31. Triglyceride-containing lipoprotein sub-fractions and risk of coronary heart disease and stroke: A prospective analysis in 11,560 adults

Joshi et al. *Eur J Prev Cardiol.* 2020 Oct;27(15):1617-1626
[Link to publication](#)

32. Sex differences in cardiometabolic traits at four life stages: cohort study with repeated metabolomics

Bell et al. *MedRxiv* 2020; preprint
[Link to publication](#)

33. Data-driven multivariate population subgrouping via lipoprotein phenotypes versus apolipoprotein B in the risk assessment of coronary heart disease

Ohukainen et al. *Atherosclerosis* 2020;294:10.15
[Link to publication](#)

34. A Plasma Proteogenomic Signature for Fibromuscular Dysplasia

Olin et al. *Cardiovascular Research* 2020;116(1):63-77
[Link to publication](#)

35. A third of nonfasting plasma cholesterol is in remnant lipoproteins: Lipoprotein subclass profiling in 9293 individuals

Balling et al. *Atherosclerosis* 2019;286:97-104
[Link to publication](#)

36. Direct Estimation of HDL-Mediated Cholesterol Efflux Capacity From Serum

Kuusisto et al. *Clinical Chemistry* 2019;65(8):1042-50
[Link to publication](#)

37. Glycosylation Profile of Immunoglobulin G Is Cross-Sectionally Associated With Cardiovascular Disease Risk Score and Subclinical Atherosclerosis in Two Independent Cohorts

Menni et al. *Circulation Research* 2018;122(11):1555-64
[Link to publication](#)

38. Association of Triglyceride-Lowering LPL Variants and LDL-C-Lowering LDLR Variants With Risk of Coronary Heart Disease

Ference et al. *Journal of the American Medical Association* 2019;321(4):364-73
[Link to publication](#)

39. Association of Genetic Variants Related to CETP Inhibitors and Statins With Lipoprotein Levels and Cardiovascular Risk

Ference et al. *Journal of the American College of Cardiology* 2017;318(10):947-56
[Link to publication](#)

40. Lipoprotein Signatures of Cholesteryl Ester Transfer Protein and HMG-CoA Reductase Inhibition

Kettunen et al. *PLoS Biol.* 2019;17(12):e3000572
[Link to publication](#)

41. Association of circulating metabolites with healthy diet and risk of cardiovascular disease: analysis of two cohort studies

Akbaraly et al. *Scientific Reports* 2018;8:8620
[Link to publication](#)

42. Metabolic Profiling of Adiponectin Levels in Adults: Mendelian Randomization Analysis

Borges et al. *Circulation: Cardiovascular Genetics* 2017;10(6):e001837
[Link to publication](#)

43. Comprehensive lipid and metabolite profiling of children with and without familial hypercholesterolemia: A cross-sectional study

Christensen et al. *Atherosclerosis* 2017;266:48-57.
[Link to publication](#)

44. Treatment with liraglutide may improve markers of CVD reflected by reduced levels of apoB

Engelbrechtsen et al. *Obesity Science & Practice* 2017;3(4):425-33
[Link to publication](#)

45. The biomarker and causal roles of homoarginine in the development of cardiometabolic diseases: an observational and Mendelian randomization analysis

Seppälä et al. *Scientific Reports* 2017;7:1130
[Link to publication](#)

46. Effect of Metformin on Metabolites and Relation With Myocardial Infarct Size and Left Ventricular Ejection Fraction After Myocardial Infarction CLINICAL PERSPECTIVE

Eppinga et al. *Circulation. Cardiovascular genetics* 2017;10(1):e001564.
[Link to publication](#)

47. Cardiometabolic effects of genetic upregulation of the interleukin 1 receptor antagonist: a Mendelian randomisation analysis

The Interleukin 1 Genetics Consortium. *The Lancet Diabetes & Endocrinology* 2015;3(4):243-53
[Link to publication](#)

48. Metabolite profiling and cardiovascular event risk: a prospective study of three population based cohorts

Würtz et al. *Circulation* 2015;131(9):774-85
[Link to publication](#)

49. Lipoprotein subclass profiles in young adults born preterm at very low birth weight

Hovi et al. *Lipids in Health and Disease* 2013;12:57
[Link to publication](#)

50. High-throughput quantification of circulating metabolites improves prediction of subclinical atherosclerosis

Würtz et al. *European Heart Journal* 2012;33(18):2307-16
[Link to publication](#)

51. Genetic variants in novel pathways influence blood pressure and cardiovascular disease risk

International Consortium for Blood Pressure Genome-Wide Association Studies et al. *Nature* 2011;478(7367):103-9
[Link to publication](#)

52. Characterization of systemic metabolic phenotypes associated with subclinical atherosclerosis

Würtz et al. *Molecular BioSystems* 2011;7(2):385-93
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53. Experimental and Human Evidence for Lipocalin-2 (Neutrophil Gelatinase-Associated Lipocalin [NGAL]) in the Development of Cardiac Hypertrophy and heart failure

Marques et al. *Journal of the American Heart Association* 2017;6(6):e005971

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54. Variant rs10911021 that associates with coronary heart disease in type 2 diabetes, is associated with lower concentrations of circulating HDL cholesterol and large HDL particles but not with amino acids

Beaney et al. *Cardiovascular Diabetology* 2016;15(1):115

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55. Longitudinal study of circulating oxidized LDL and HDL and fatty liver: the Cardiovascular Risk in Young Finns Study

Kaikkonen et al. *Free Radical Research* 2016;50(4):396-404

[Link to publication](#)

56. The influence of rare variants in circulating metabolic biomarkers

Riveros-Mckay et al. *PLoS Genetics* 2020;16(3):e1008605

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57. Metabolomic consequences of genetic inhibition of PCSK9 compared with statin treatment

Sliz et al. *Circulation*. 2018;138:2499–512

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58. Delayed postprandial TAG peak after intake of SFA compared with PUFA in subjects with and without familial hypercholesterolaemia: a randomised controlled trial

Øyri et al. *British Journal of Nutrition*, 2018;119,(10):343-52

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59. Lipids, lipoproteins and metabolites and risk of incident myocardial infarction and stroke subtypes

Holmes et al. *Journal of the American College of Cardiology* 2018;71(6):620-32

[Link to publication](#)

60. Circulating Fatty Acids and Risk of Coronary Heart Disease and Stroke: Individual Participant Data Meta-Analysis in Up to 16 126 Participants.

Borges et al. *Journal of the American Heart Association*. 2020;9

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61. High-density lipoprotein cholesterol efflux capacity is not associated with atherosclerosis and prevalence of cardiovascular outcome: The CODAM study.

Josefs et al. *Journal of Clinical Lipidology* 2020;14(1):122-132.

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62. Body muscle gain and markers of cardiovascular disease susceptibility in young adulthood: prospective cohort study

Bell et al. *medRxiv* 2020; preprint

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63. Elevated glycoprotein acetyl levels in adolescence and early adulthood predict adverse cardiometabolic profiles and risk of metabolic syndrome in up to 10 year follow-up

Chiesa et al. *medRxiv* 2020; preprint

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64. Metabolic Biomarkers for Peripheral Artery Disease Compared with Coronary Artery Disease: Lipoprotein and metabolite profiling of 31,657 individuals from five prospective cohorts

Tikkanen et al. *medRxiv* 2020; preprint

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65. Association of circulating metabolites in plasma or serum and risk of stroke: Meta-analysis from seven prospective cohorts.

Vojinovic et al. *Neurology* 2020;2(10).

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66. The associations of oxidized lipoprotein lipids with lipoprotein subclass particle concentrations and their lipid compositions. The Cardiovascular Risk in Young Finns Study.

Kresanov et al. *Free Radic Biol Med*. 2020

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67. Very Low-Density Lipoprotein Cholesterol May Mediate a Substantial Component of the Effect of Obesity on Myocardial Infarction Risk: The Copenhagen General Population Study.

Johansen et al. *Clin Chem*. 2021; 8(67)

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68. Prioritizing the Role of Major Lipoproteins and Subfractions as Risk Factors for Peripheral Artery Disease

Levin et al. *MedRxiv* 2020; preprint

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69. VLDL Cholesterol Accounts for One-Half of the Risk of Myocardial Infarction Associated With apoB-Containing Lipoproteins

Balling et al. *J Am Coll Cardiol.* 2020;76(23).

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70. Sex-specific associations of adiposity with cardiometabolic traits: multi-life-stage cohort study with repeat metabolomics

O'Keeffe et al. *medRxiv* 2020; preprint

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Depression

71. Metabolomics profile in depression: a pooled analysis of 230 metabolic markers in 5,283 cases with depression and 10,145 controls

Bot et al. *Biological Psychiatry* 2020;87(5)409-4018

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72. Metabolomics dissection of depression heterogeneity and related cardiometabolic risk

Alshehri et al. *MedRxiv* 2020; preprint

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Dietary Effects

73. Genome-Wide Association Study for Serum Omega-3 and Omega-6 Polyunsaturated Fatty Acids: Exploratory Analysis of the Sex-Specific Effects and Dietary Modulation in Mediterranean Subjects with Metabolic Syndrome

Coltell et al. *Nutrients* 2020;12(2):E310

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74. Disentangling the Effects of Monounsaturated Fatty Acids from Other Components of a Mediterranean Diet on Serum Metabolite Profiles: A Randomized Fully Controlled Dietary Intervention in Healthy Subjects at Risk of the Metabolic Syndrome

Michielsen et al. *Molecular Nutrition & Food Research* 2019;63(9):e1801095

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75. Sex Differences In Postprandial Responses To Different Dairy Products On Lipoprotein Subclasses: A Randomized Controlled Cross-Over Trial

Br J Nutr. 2019 Oct 14;122(7):780-789.

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76. Food neophobia associates with poorer dietary quality, metabolic risk factors, and increased disease outcome risk in population-based cohorts in a metabolomics study

Sarin et al. *The American Journal of Clinical Nutrition* 2019;110(1):233-45

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77. Inflammatory diet and preclinical cardiovascular phenotypes in 11–12 year-olds and mid-life adults: A cross-sectional population-based study

Davis et al. *Atherosclerosis* 2019;285:93–101

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78. Omega-3 polyunsaturated fatty acid levels and dysregulations in biological stress systems

Thesing et al. *Psychoneuroendocrinology* 2018;97:206-15

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79. Investigating the effects of lycopene and green tea on the metabolome of men at risk of prostate cancer: The ProDiet randomised controlled trial

Beynon et al. *International Journal of Cancer* 2018;144:1918–28

[Link to publication](#)

80. Serum Conjugated Linoleic Acid and Risk of Incident Heart Failure in Older Men: The British Regional Heart Study

Wannamethee et al. *Journal of the American Heart Association.* 2018;7(1):e006653

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81. Effect of Dietary Counseling on a Comprehensive Metabolic Profile from Childhood to Adulthood

Lehtovirta et al. *The Journal of Pediatrics* 2018;195:190-198.e3

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82. DHA mediates the protective effect of fish consumption on new episodes of depression among women

Reeves et al. *The British Journal of Nutrition* 2017;118(9):743–49

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83. High-quality fish oil has a more favourable effect than oxidised fish oil on intermediate-density lipoprotein and LDL subclasses: a randomised controlled trial

Rundblad et al. *British Journal of Nutrition* 2017;117(09):1291–98

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84. Dietary fatty acids were not independently associated with lipoprotein subclasses in elderly women

Alagheband et al. *Nutrition Research* 2017;43:60–68
[Link to publication](#)

85. The effect of standardized food intake on the association between BMI and 1H-NMR metabolites

Schutte et al. *Scientific Reports* 2016;6:38980
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86. Metabolic profiling of alcohol consumption in 9778 young adults

Würtz et al. *International Journal of Epidemiology* 2016;45(5):1493–506
[Link to publication](#)

87. Cross-sectional and longitudinal associations of circulating omega-3 and omega-6 fatty acids with lipoprotein particle concentrations and sizes: population-based cohort study with 6-year follow-up

Mäntyselkä et al. *Lipids in Health and Disease* 2014;13:28
[Link to publication](#)

88. Effects of whole grain, fish and bilberries on serum metabolic profile and lipid transfer protein activities: a randomized trial (Sysdimet)

Lankinen et al. *PLoS One* 2014;9(2):e90352
[Link to publication](#)

89. Association between habitual dietary intake and lipoprotein subclass profile in healthy young adults

Bogl et al. *Nutrition, Metabolism, and Cardiovascular Diseases* 2013;23(11):1071–8
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90. Effects of sea buckthorn and bilberry on serum metabolites differ according to baseline metabolic profiles in overweight women: a randomized crossover trial

Larmo et al. *The American Journal of Clinical Nutrition* 2013;98(4):941–51
[Link to publication](#)

91. Fatty fish modifies HDL particle size and lipid concentrations

Joukamo et al. *Duodecim* 2013;129(24):2661–70
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92. Effect of fatty and lean fish intake on lipoprotein subclasses in subjects with coronary heart disease: a controlled trial

Erkkilä et al. *Journal of Clinical Lipidology* 2014;8(1):126–33
[Link to publication](#)

93. Patients with type 1 diabetes show signs of vascular dysfunction in response to multiple high-fat meals

Lassenius et al. *Nutrition & Metabolism* 2014;11:28
[Link to publication](#)

94. Effects of krill oil and lean and fatty fish on cardiovascular risk markers: a randomised controlled trial

Rundblad et al. *Journal of Nutritional Science* 2018;7:e3
[Link to publication](#)

95. The association of omega-3 fatty acid levels with personality and cognitive reactivity

Thesing et al. *Journal of Psychosomatic Research* 2018;108:93–101
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96. Intake of Fatty Fish Alters the Size and the Concentration of Lipid Components of HDL Particles and Camelina Sativa Oil Decreases IDL Particle Concentration in Subjects with Impaired Glucose Metabolism

Manninen et al. *Molecular Nutrition and food research* 2018;62(10):e1701042
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97. Omega-3 fatty acids correlate with gut microbiome diversity and production of N-carbamylglutamate in middle aged and elderly women

Menni et al. *Scientific Reports* 2017;7:11079
[Link to publication](#)

98. Dietary intake of fat and fibre according to reference values relates to higher gut microbiota richness in overweight pregnant women

Röytiö et al. *British Journal of Nutrition* 2017;118(5):343–352
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99. Snacking on whole almonds for 6 weeks improves endothelial function and lowers LDL cholesterol but does not affect liver fat and other cardiometabolic risk factors in healthy adults: the ATTIS study, a randomized controlled trial

Dikariyanto et al. *The American Journal of Clinical Nutrition* 2020;111(6):1178–1189
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100. Mendelian randomization identifies the potential causal impact of dietary patterns on circulating blood metabolites

Taba et al. *medRxiv* 2020; Preprint
[Link to publication](#)

Drug development

101. Integration of epidemiologic, pharmacologic, genetic and gut microbiome data in a drug-metabolite atlas

Liu et al. *Nature Medicine* 2020;26:110-117
[Link to publication](#)

102. Mendelian Randomization Study of ACLY and Cardiovascular Disease

Ference et al. *The New England Journal of Medicine* 2019;380:1033-42
[Link to publication](#)

103. Metabolomic signature of angiotensin-like protein 3 deficiency in fasting and postprandial state

Tikkanen et al. *Arteriosclerosis, Thrombosis, and Vascular Biology* 2019;39:665-74
[Link to publication](#)

104. Statin Effects on Metabolic Profiles: Data From the PREVENT IT (Prevention of Renal and Vascular End-stage Disease Intervention Trial)

Kofink et al. *Circulation: Genomic and Precision Medicine* 2017;10(6):e001759
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105. Association of CETP Gene Variants With Risk for Vascular and Nonvascular Diseases Among Chinese Adults

Millwood et al. *Journal of the American Medical Association: Cardiology* 2018;3(1):34-43
[Link to publication](#)

106. Metabolomic Profiling of Statin Use and Genetic Inhibition of HMG-CoA Reductase

Würtz et al. *Journal of the American College of Cardiology* 2016;67(10):1200-10
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107. High Density Lipoprotein pathway as a therapeutic target for coronary heart disease: individual participant meta-analysis in 28,597 individuals with 4197 coronary events

Mulick et al. *medRxiv* 2020; preprint
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108. Metabolic profiling of angiotensin-like protein 3 and 4 inhibition: a drug-target Mendelian randomization analysis

Wang et al. *Eur Heart J.* 2020; ehaa972.
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Eye diseases

109. Increased High-Density Lipoprotein Levels Associated with Age-Related Macular Degeneration

Colijn et al. *Ophthalmology* 2019;126(3):393-406
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110. Integrating Metabolomics, Genomics, and Disease Pathways in Age-Related Macular Degeneration: The EYE-RISK Consortium

Acar et al 2020;127(12):1693-1709
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Fatty liver disease

111. Metabolic profiling of adolescent non-alcoholic fatty liver disease

Hartley et al. *Wellcome Open Research* 2019;3:166
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112. Metabolic profiling of fatty liver in young and middle-aged adults: Cross-sectional and prospective analyses of the Young Finns Study

Kaikkonen et al. *Hepatology* 2017;65(2):491-500
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113. Blood hsa-miR-122-5p and hsa-miR-885-5p levels associate with fatty liver and related lipoprotein metabolism-The Young Finns Study

Raitoharju et al. *Scientific Reports* 2016;6:38262
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114. Adipose tissue dysfunction and altered systemic amino acid metabolism are associated with non-alcoholic fatty liver disease

Cheng et al. *PLoS One* 2015;10(10):e0138889
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115. Liver Fat and Insulin Sensitivity Define Metabolite Profiles During a Glucose Tolerance Test in Young Adult Twins

Rämö et al. *The Journal of Clinical Endocrinology & Metabolism* 2017;102(1):220-231
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116. Lipoprotein subclass metabolism in nonalcoholic steatohepatitis

Männistö et al. *Journal of Lipid Research* 2014;55(12):2676-84
[Link to publication](#)

117. Ketone body metabolism differs between simple steatosis and non-alcoholic steatohepatitis in obese humans

Männistö et al. *Liver International* 2015;35(7):1853-61
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Genetics

118. Investigating Causality Between Blood Metabolites and Emotional and Behavioral Responses to Traumatic Stress: a Mendelian Randomization Study

Carvalho et al. *Molecular Neurobiology* 2020;57:1542-1552
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119. A comprehensive study of metabolite genetics reveals strong pleiotropy and heterogeneity across time and context

Gallois et al. *Nature Communications* 2019;10:4788
[Link to publication](#)

120. Exome sequencing of Finnish isolates enhances rare-variant association power

Locke et al. *Nature* 2019;572(7769):323-28
[Link to publication](#)

121. Heritability estimates for 361 blood metabolites across 40 genome-wide association studies

Hagenbeek et al. *Nature Communications* 2020;11(1):39
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122. Genetic Determinants of Circulating Glycine Levels and Risk of Coronary Artery Disease

Jia et al. *Journal of the American Heart Association* 2019;8(10):e011922
[Link to publication](#)

123. Search for early pancreatic cancer blood biomarkers in five European prospective population biobanks using metabolomics

Fest et al. *Endocrinology* 2019;160(7):1731-42
[Link to publication](#)

124. Assessing the causal association of glycine with risk of cardio-metabolic diseases

Wittemans et al. *Nat Commun* 2019;10:1060
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125. Common, low-frequency, and rare genetic variants associated with lipoprotein subclasses and triglyceride measures in Finnish men from the METSIM study

Davis et al. *PLoS Genetics* 2017;13(10):1007079
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126. Biological Insights Into Muscular Strength: Genetic Findings in the UK Biobank

Tikkanen et al. *Scientific Reports* 2018;8:6451
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127. NAFLD risk alleles in PNPLA3, TM6SF2, GCKR, and LYPLAL1 show divergent metabolic effects

Sliz et al. *Human Molecular Genetics* 2018;27(12):2214-23
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128. The effect of apolipoprotein E polymorphism on serum metabolome – a population-based 10-year follow-up study

Karjalainen et al. *Scientific Reports* 2019;9:458
[Link to publication](#)

129. DNA methylation and lipid metabolism: an EWAS of 226 metabolic measures

Gomez-Alonso et al. *Clin Epigenetics* 2021;13(1)
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130. A cross-platform approach identifies genetic regulators of human metabolism and health

Lotta et al. *Nat Genet.* 2021;53(1)
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Gut

131. Gut Microbial Associations to Plasma Metabolites Linked to Cardiovascular Phenotypes and Risk: A Cross-Sectional Study

Kurilshikov et al. *Circulation Research* 2019;118:314642
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132. Relationship between gut microbiota and circulating metabolites in population-based cohorts

Vojinovic et al. *Nature Communications* 2019;10(1):5813
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133. Six-Week Endurance Exercise Alters Gut Metagenome That Is not Reflected in Systemic Metabolism in Over-weight Women

Munukka et al. *Front Microbiol.* 2018;9:2323
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134. Relationships between gut microbiota, plasma metabolites, and metabolic syndrome traits in the METSIM cohort

Org et al. *Genome Biology* 2017;18:70
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135. GlycA, a novel marker for low grade inflammation, reflects gut microbiome diversity and is more accurate than high sensitive CRP in reflecting metabolomic profile

Mokkala et al. *Metabolomics* 2020;16(7):76

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136. Microbiome connections with host metabolism and habitual diet from 1,098 deeply phenotyped individuals.

Asnicaret al. *Nature Medicine* 2021;11.

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Heart Failure

137. Nuclear magnetic resonance-based metabolomics identifies phenylalanine as a novel predictor of incident heart failure hospitalisation: results from PROSPER and FINRISK 1997

Delles et al. *European journal of heart failure*

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Human Genetics

138. Evidence of how rs7575840 influences apolipoprotein B-containing lipid particles

Haas et al. *Arteriosclerosis, Thrombosis, and Vascular*

Biology 2011;31(5):1201-7

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139. Interactions between genetic variants and dietary lipid composition: effects on circulating LDL cholesterol in children

Ahola-Olli et al. *The American Journal of Clinical*

Nutrition 2014;100(6):1569-77

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140. Upstream Transcription Factor 1 (USF1) allelic variants regulate lipoprotein metabolism in women and USF1 expression in atherosclerotic plaque

Fan et al. *Scientific Reports* 2014;4:4650

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141. Identification of seven novel loci associated with amino acid levels using single variant and gene-based tests in 8,545 Finnish men from the METSIM study

Teslovich et al. *Human Molecular Genetics* 2018;27(9):1664-

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Kim et al. *The Journal of Lipid Research* 2017;58(7):1471-81

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143. Association between serum fatty acids and lipoprotein subclass profile in healthy young adults: exploring common genetic and environmental factors

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